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We know that continuing care appointments are important. Evidence has shown a link between the bacteria in your mouth and many other health risks. The most severe link is associated with bacteria seen in heart disease similar to the bacteria in periodontal disease. There is also research showing an association with pre-term births and strokes.

Your total health is important to us.

Here's a list of things we provide during your visit. ***It's more than a cleaning!***

- **Review of MEDICAL HISTORY – Please inform us of changes.**
- **Oral Cancer Screening**
- **Gum (*periodontal*) Disease Screening**
- **Full Mouth Disease and Tumor detecting x-rays**
- **Examination of existing fillings**
- **Detection of new cavities**
- **Evaluation of the bite and the consequences of missing or crowded teeth**
- **Re-check fit of dental appliances (dentures, partials, retainers, sport guards, nightguards, etc.)**
- **Evaluate cosmetic needs to give you a more beautiful smile!**
- **Removal of hardened *bacterial deposits* (tartar or calculus)**
- **Removal of soft, sticky *bacterial deposits* (plaque)**
- **Removal of coffee, tea and tobacco stains**
- **Floss and polish teeth to make them squeaky clean!**
- **Personal oral hygiene instruction plus the specific tools for your personal use at home**
- **Clean denture appliances**
- **Inter-Oral Photos – so you can see what we see**
- **Fluoride and other medicaments**
- **Plan treatment for your present and future dental needs**
- **Evaluate your total dental needs and refer you, as needed, to a specialist.**